

**Yorkshire**  
Primary PE and Sport  
Premium Awards 2017

**Winner**

## PUPIL ENGAGEMENT IN PHYSICAL ACTIVITY

# Sowerby CP School

### What was their project and how did they do it:

Some children within the school (that staff had identified as 'concern') were not actively participating or involved in lessons (sitting on the outskirts of physical education lessons).

We created a PE assessment scheme that: identified 'concern pupils'; and what their specific need was. The scheme looked at a variety of skills covering the whole PE curriculum (including games, dance, gymnastics and fitness) alongside appropriate use of equipment and application of skills. The scheme was driven by the schools PE specialist funded by the school sport premium (Rebecca Clay). Rebecca mentored all teaching staff on how to effectively execute the assessment scheme and identifying under-achieving pupils. The PE Assessment scheme identified two distinct groups of children: Those with a specific physical need; and those where a lack of physical activity was an issue. As a result of this the PE Specialist led on a series of PE interventions.

### Why they knew this project was required:

Without this intervention certain pupils would continue to be disengaged and inactive during PE lessons. This has a wider negative impact on their school day, their enthusiasm for learning and their self-worth and value as a member of the school community. Without this intervention certain children continue to be at risk of becoming over weight and very over weight - again having huge implications for their general health and physical wellbeing.

### About the impact including evidence:

Through dedicated PE interventions (delivered by a PE Specialist) focussing on: how to use the equipment properly, explaining the rules of games and breaking tasks down into simple steps, meant that children now had the confidence to actively participate with their classmates in normal PE lessons. Fitness levels began to increase, as did confidence levels through improvements on their personal best. Numbers at after school clubs increased as well as numbers taking part of both inter and intra school competition. We now have some of these pupils involved in our sports leadership programme and participating in competitions.



The impact Becca has on sport is huge with long lasting impact. The most impressive of which has been on our reluctant participants. Children are now volunteering to be active and whose confidence has grown immensely.



MRS K UNGERECHTS  
PE TEACHER